

Yosemite Packing List

Your trip with Four Season Guides is sure to be one you'll never forget, but a big part of having lots of fun is being well prepared! Even though we provide the equipment essentials, there are a few things we want to be sure you don't forget. Our season runs year round, please keep in mind the season of your trip when packing, not all of this list will apply to your trip.

Personal Clothing:

- Hiking boots – well broken in!! Mid-weight boots with ankle support are best.
- Sport sandals – consider Keen®, Teva® or Chaco® brands. These are for camp comfort.
- Lightweight long pants/trousers – for sun protection and warmth during cooler parts of the day.
- 1 pair of shorts (nylon, quick drying)
- Underwear
- 2 tee shirts – nylon/synthetic is best
- 2 pairs of hiking socks – consider Smartwool®, Fox River® or similar. NO cotton socks! Synthetic or wool is best.
- Bathing Suit – optional, there will likely be opportunities for a swim in a lake or stream.
- 1 long sleeve synthetic or wool shirt – baselayer insulation (light or midweight)
- Lightweight jacket/sweater/pullover – for warmth. Wool, fleece or polypropylene is best.
- 1 pair of midweight long underwear – wool or synthetic
- Down jacket or additional fleece jacket
- Warm hat & gloves
- Hat – for sun protection.
- Sunglasses
- Rain shell – lightweight & breathable
- Waterproof pants/trousers

The weather in Yosemite can vary greatly depending on when you visit and where in the park your trip takes place. The day time temperatures can be warm with the night temperatures dropping near freezing. It's best to be prepared for both warm days and cool nights. Dressing in layers is the key to warmth and comfort.

Personal Items:

- Toothbrush and toothpaste (travel size)
- A small packet of tissues
- Sunblock cream (SPF 30 or higher)
- Personal medication (ibuprofen, antihistamine, antacid, etc). If you suffer from severe allergic reactions, you MUST bring an Epi Pen!

Mandatory Gear:

- Capacity to carry 2 or 3 liters of water (we recommend a 2 liter hydration pack plus a one liter water bottle)
- Flashlight or headlamp

Additional Items:

- Camera – extra batteries
- Lip balm
- Bandana
- Mosquito head net & bug repellent
- Knee brace (if you have knee problems)
- Money- for guide gratuity (consider 10-15% of your trip cost or at your discretion)

The price of the trip includes all necessary gear: tent, sleeping bag, sleeping pad, backpack, trekking poles, water filtration, bowls, cups, stove, cookware. However, you are more than welcome to use your own backpack, tent, sleeping bag and sleeping pad if you would like, provided they are the appropriate size and weight for the trip.